

In 2009, of course, there will be still more to do!

We need to add to the trained community midwives who are already practicing in rural villages.

Historically, 95% of Tibetan women give birth alone, and as many as 1 birth in 33 ends in the death of the mother.

International studies conclude that the availability of skilled community-based birth assistants improve pregnancy outcomes in the developing world.



Also, we want to add to the 300 primary students we have supported to complete their primary school education.

In particular, we want to support children who are from very low income families and have good motivation for studying. Also, we will monitor the children's nutritional needs and provide food aid as needed.

It is urgent to continue to train Tibetan primary teachers.

So far, THF has provided additional education to over 550 primary teachers to improve their teaching and knowledge of child development. But we must expand this work; supplemental teacher training is needed in all Tibetan regions.

Finally, THF wants to build on the success of the Tibetan Heritage Primers that provide rural elementary school children textbooks in their native language which teach about the history and culture of their region.

Children in Rebkong County are already successfully using the primers developed for them, and in 2009, we plan to complete similar primers for Tri-ka County and Ba County.

After seven years, we know two things for sure: We absolutely know that all of this effort is making a difference in the quality of life for Tibetan women and children. We also know that we can do even more with your help.

We hope that you will continue to help us empower healthier, more knowledgeable Tibetan women to nurture strong and educated children. Please know that we are enormously grateful!

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