

Make a Difference

Tibetan Healing Fund is an independent, 501(c)3 nonprofit organization registered with the State of Washington. Contributions are tax-deductible to the full extent of the law.

Please send contributions to:

Tibetan Healing Fund
PO Box 9172
Seattle, WA 98109

My gift will support Tibetan women and children living in rural communities in Qinghai Province (Amdo), PRC.

Here is my gift (and an example of what that money can provide):

- \$35** – Enables village children to attend primary school *or* buys solar cookers for boiling water
- \$65** – Helps rural teachers attend bilingual teacher training *or* helps village women to attend community midwife training
- \$120*** – Provides medical kits for community midwives *or* provides safe latrines for village schools
- \$300** – Stocks a school library *or* supplies playground equipment for a village school
- \$500**** – Builds a new roof for a village school *or* provides emergency medical coverage for uninsured villagers
- Other*** – \$ _____
 * Receive a box of Tibetan incense made at Kumbum Monastery for your gift of \$100 or more.
 ** Receive a beautiful, one-of-a-kind Tibetan handicraft for a gift of \$500 or more.
- I would like to organize a fundraiser, party or other event in my area.
- I have a background in public health, medicine, nursing, education, marketing, fundraising, accounting, web development, etc. and would like to volunteer for Tibetan Healing Fund.
- Please add me to your mailing list. I would like more information regarding Tibetan Healing Fund.

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Email: _____
 Phone: _____

Credit card payments accepted for donations over \$100 only.

Visa/MasterCard #: _____
 Expiration Date : _____ / _____
 Signature: _____

For payment options please contact Info@TibetanHealingFund.org

- Enclosed is my employer's matching gift form.

Tibetan Healing Fund is a not-for-profit humanitarian organization established to improve primary healthcare and basic education for rural Tibetan women and children in Qinghai Province (Amdo), PRC.

Tibetan Healing Fund
 PO Box 9172
 Seattle, WA 98109
 206.624.7966
 Info@TibetanHealingFund.org
 www.TibetanHealingFund.org



Tibetan Healing Fund

ཨ།ཨ་འཚོ་བྱེད་ཐེབས་ཚུ་ཚོགས་པ།



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ཨ་འཚོ་བྱེད་ཐེབས་ཚུ་ཚོགས་པ། 美国藏医基金会
 Seattle, USA Siling, PRC



Graduates of THF's Community Midwife training program

Primary Health Projects

Tibetan Healing Fund improves the basic health of women and children by providing public health education and increased access to quality and essential health services.

- ↪ **Community Midwife Training**
 - ↪ *Training local women in prenatal, delivery and postpartum care.*
- ↪ **Women's Health Materials Development and Distribution**
 - ↪ *Producing and distributing culturally and linguistically appropriate health education materials for rural women.*
- ↪ **Tibetan System of Midwifery Care**
 - ↪ *Creating a new system of midwifery care that successfully combines aspects of Tibetan medicine and culture with Western interventions.*

Basic Education Projects

Tibetan Healing Fund provides teacher training and improved access to quality education as a way to enhance the livelihood of individuals and the community.

- ↪ **Children's Fund**
 - ↪ *Supplying the necessary financial means for rural primary school children to attend school.*
- ↪ **Tibetan Education**
 - ↪ *Creating a forum to discuss the importance of bilingual education—teaching in Tibetan with supplemental Chinese language courses.*
 - ↪ *Editing, printing and distributing Tibetan language texts for primary school students.*
 - ↪ *Supporting a much-needed opportunity to study teaching methodology, lesson planning and the principles of child-centered education.*
- ↪ **School Improvement Projects**
 - ↪ *Providing a warm, dry and safe learning environment for rural Tibetan children and their teachers.*



Sharlung Township schoolgirl

Our Story

In 1994, Dr. Kunchok Gyaltsen raised money to expand the Serkya Village School from grades one to three to include grades four to six. This project was well received by the villagers, but many students were still not able to attend the school due to lack of money. While studying in the United States, Dr. Gyaltsen was able to raise money for a scholarship program to ensure that all village children in Serkya could attend school. In 2001, this program was formalized and became the Tibetan Healing Fund.

Now, Tibetan Healing Fund supports over 300 primary school children in three counties, conducts teacher trainings to improve rural education and holds countywide symposiums on bilingual education. In addition, Tibetan Healing Fund trains village women to be community midwives, creates health education materials for low-literate, rural women and holds regional conferences on women's health.

With the generous support of our donors, staff, board and volunteers, Tibetan Healing Fund's programs will continue to grow and support the rural Tibetan communities of Amdo.

Where We Work

Qinghai Province is located in the western part of the People's Republic of China (PRC) on the Qinghai-Tibetan plateau at an average altitude of over 3,000 m (9,000 feet). Historically, Qinghai Province was the Tibetan province of Amdo. Summers in Amdo are short and dry and winters are long and cold. The people of Amdo are farmers and herders and typically live in small communities scattered across the vast plateau.

One of Tibetan Healing Fund's project sites is Sharlung (Ch: Dong Guo) Township in Trika (Ch: Guide) County. The per capita income in one village in Sharlung Township is 350 RMB (US\$45). The village has a population of 559 people and 113 households. Approximately 20% of children under five are estimated to be malnourished and/or suffer from micronutrient deficiencies. Less than 10% of the village population can read or write Tibetan or Chinese. This village is typical for Sharlung Township and the surrounding Tibetan communities. ❖